

CONSENT/DISCHARGE INSTRUCTIONS FOR IMAGING CONTRAST

Prodecure Ordered:

mmn To complete this procedure, you will be given a contrast material . This contrast material is very important to the procedure you are having done and it is a valuable aide to the interpretation of the study.

A potential risk of this contrast is an allergic reaction that may involve hives, itching, and more serious allergic reactions.

Following your contrast injection and completion of the procedure:

- 1. You will be instructed to remain in the Imaging department after your exams are completed.
- 2. Notify the nurse or technologist of any rash (hives), dizziness, breathing problems or other concerns you may have. If you do not experience any problems after 30 minutes from the time of the injections, you may leave.
- 3. It is rare to experience a delayed reaction. If you develop a rash or any other symptoms that concern you, call your doctor. If you develop more serious problems such as difficulty breathing, call the 911 emergency number for your area.
- 4. If you have an allergic reaction to the lodine contrast, please notify the CT department in Imaging at 607-274-4508.
- 5. If you take Hydralazine (typically for Hypertension) please note the additional safety risk; "It has been suggested that Hydralazine may predispose patients to severe skin reactions by iodine containing radiopaque agents (contrast media), although more data is needed to confirm this interaction." This information is based on 3 interactions from 1986, 1988, and 1993. It is very rare. If you decline to proceed with the contrasted exam while on Hydralazine, we recommend discussing with your ordering provider regarding holding the Hydralazine 48 hours pre and post contrasted exam.
- 6. You may resume all normal activity.
- 7. You may resume your regular diet with increased liquid intake for 24 hours. IF YOU ARE ON A FLUID RESTRICTED DIET, PLEASE CHECK WITH YOUR DOCTOR.
- 8. Resume normal medications. If you take glucophage (metformin containing products) with a GFR of <30, the recommendation is that you stop taking the glucophage for 48 hours after being given the lodine contrast. You are advised to call your physician treating your diabetes to let them know you have had the lodine contrast. Your physician will decide if you should have a kidney function blood test before restarting the glucophage (metformin). Increased fluid intake for 24 hours is especially important if you are diabetic.
- 9. Call your physician if you recognize any of the signs or symptoms of elevated blood sugar such as increased thirst, increased shakiness, increased urination, increased appetite, visual changes, decreased alertness, or if you have any questions regarding your care.

The above information has been explained to me. I understand the potential risks and benefits and discharge intructions. I agree to the administration of the contrast material.

Signature: X Atta ame flyt	_ Date / Time: _	9/19/18
Representative / Relationship:	Date / Time:	9/14/18
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