



Date: 12/25/16
Acct Num: A00082793308
Med Rec Num: M000597460
Name: BONZE ANNE ROSE BLAYK
Location: BEHAVIORAL SERVICES UNIT
Primary Provider: Ehmke,Clifford

Patient Visit Information

Activity Restrictions or Additional Instructions

In Case of Emergency...

Cayuga Medical Center Behavioral Services Unit ph: 607-274-4304
Suicide Prevention and Crisis Services ph: 607-272-1616
National Suicide Prevention Lifeline ph: 800-273-8255
Tompkins County Mental Health Clinic ph: 607-274-6200
Alcoholics Anonymous ph: 607-273-1541
Tompkins County Mental Health Association ph: 607-273-9250

Please go to the nearest emergency room or call 911 if safety concerns arise or your condition worsens

You have declined a referral to the New York State Smokers' Quitline at this time.

If you decide to access this free service in the future you can contact the Quitline toll-free at 866-697-8487. You can access their website at www.nysmokefree.com for more information.

Writer provided Pt. w/ a Personal Health Record. Explained its function, ease of use and encouraged Pt. to utilize this tool post d/c.

You are eligible for medicaid transportation services. To set up a Medicaid Taxi call 866-753-4543
You may also set up Medicaid Taxi services on the website: go to www.medanswering.com and select Secure User Login. You will need a user name and password to access the secure MAS portal.

Follow-up

BLAYK,BONZE ANNE ROSE has been referred to the following clinics/specialists for follow-up care:

Cayuga Ctr For Healthy Living
310 Old Taughannock Blvd
ITHACA, NY 14850
(607)252-3590

Hannah Priestley will be contacting you on Monday 2/13/17 to provide support with your discharge follow up appts.

TOMPKINS CNTY MENTAL HLTH CTR
201 EAST GREEN STREET
ITHACA, NY 14850
(607)274-6200



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You have an intake on Monday 02/13/17 at 8:30 AM with Deborah Bearman, RN.

New Prescriptions and Instructions from this Visit

(See detailed Home Medication List for all medications)

1. Paliperidone SUSTENNA*[Invega Sustenna*]
234 mg intramuscular Q30D #1 syringe
234 mg/1.5 ml Syringe
Next dose due March 10th.
Refills: 0



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Paliperidone Injection

GENERIC NAME: Paliperidone Injection (PAL ee PER i done)

WARNING: There is a higher chance of death in older adults who take this drug for mental problems caused by dementia. Most of the deaths were linked to heart disease or infection. This drug is not approved to treat mental problems caused by dementia. **COMMON USES:** It is used to treat schizophrenia. It is used to treat schizoaffective disorder. It may be given to you for other reasons. Talk with the doctor.

HOW TO USE THIS MEDICINE: HOW IS THIS DRUG BEST TAKEN? Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely. It is given as a shot into a muscle. Drink lots of noncaffeine liquids unless told to drink less liquid by your doctor. It may take several weeks to see the full effects. Talk with your doctor before you use other drugs and natural products that slow your actions. **HOW DO I STORE AND/OR THROW OUT THIS DRUG?** If you need to store this drug at home, talk with your doctor, nurse, or pharmacist about how to store it. **WHAT DO I DO IF I MISS A DOSE?** Call your doctor to find out what to do.

CAUTIONS: Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists. Avoid driving and doing other tasks or actions that call for you to be alert until you see how this drug affects you. To lower the chance of feeling dizzy or passing out, rise slowly over a few minutes when sitting or lying down. Be careful climbing stairs. High blood sugar or diabetes, high cholesterol, and weight gain have happened with drugs like this one. These changes may raise the chance of heart and brain blood vessel disease. Talk with the doctor. Check your blood sugar as you have been told by your doctor. Have blood work checked as you have been told by the doctor. Talk with the doctor. Avoid drinking alcohol while taking this drug. Be careful in hot weather or while being active. Drink lots of fluids to stop fluid loss. Low white blood cell counts have happened with drugs like this one. This may lead to a higher chance of getting an infection. Deadly infections have rarely happened. Tell your doctor if you have ever had a low white blood cell count. Call your doctor right away if you have signs of infection like fever, chills, or sore throat. Talk with your doctor. Some people who take this drug may get a very bad muscle problem called tardive dyskinesia. The risk may be greater in older adults, mainly women. The chance that this will happen or that it will never go away is greater in people who take this drug in higher doses or for a long time. Muscle problems may also occur after short-term use with low doses. Call your doctor right away if you have trouble controlling body movements or if you have muscle problems with your tongue, face, mouth, or jaw like tongue sticking out, puffing cheeks, mouth puckering, or chewing. Older adults with dementia taking drugs like this one have had a higher number of



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strokes. Sometimes these strokes have been deadly. This drug is not approved to treat mental problems caused by dementia. Talk with your doctor. If you are 65 or older, use this drug with care. You could have more side effects. Tell your doctor if you are pregnant or plan on getting pregnant. You will need to talk about the benefits and risks of using this drug while you are pregnant. Taking this drug in the third trimester of pregnancy may lead to muscle movements that cannot be controlled and withdrawal in the newborn. Talk with the doctor.

POSSIBLE SIDE EFFECTS: WHAT ARE SOME SIDE EFFECTS THAT I NEED TO CALL MY DOCTOR ABOUT RIGHT AWAY? WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect: Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat. Signs of high blood sugar like confusion, feeling sleepy, more thirst, more hungry, passing urine more often, flushing, fast breathing, or breath that smells like fruit. Weakness on 1 side of the body, trouble speaking or thinking, change in balance, drooping on one side of the face, or blurred eyesight. If you are planning to harm yourself or the want to harm yourself gets worse. Chest pain or pressure or a fast heartbeat. Very bad dizziness or passing out. A heartbeat that does not feel normal. Change in how you act. Mood changes. Shakiness, trouble moving around, or stiffness. Slow heartbeat. Trouble swallowing or speaking. Not able to focus. Seizures. Change in eyesight. Shortness of breath. Drooling. Any unexplained bruising or bleeding. Not able to control eye movements. Enlarged breasts. Change in sex ability. Nipple discharge. For women, no period. Call your doctor right away if you have a painful erection (hard penis) or an erection that lasts for longer than 4 hours. This may happen even when you are not having sex. If this is not treated right away, it may lead to lasting sex problems and you may not be able to have sex. A very bad and sometimes deadly health problem called neuroleptic malignant syndrome (NMS) may happen. Call your doctor right away if you have any fever, muscle cramps or stiffness, dizziness, very bad headache, confusion, change in thinking, fast heartbeat, heartbeat that does not feel normal, or are sweating a lot. Very bad irritation where the shot was given. **WHAT ARE SOME OTHER SIDE EFFECTS OF THIS DRUG?** All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away: Headache. Weight gain. Hard stools (constipation). Dizziness. Feeling sleepy. Upset stomach or throwing up. Nose and throat irritation. Restlessness. Feeling tired or weak. Irritation where the shot is given. These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088. You may also report side effects at <http://www.fda.gov/medwatch>.



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BEFORE USING THIS MEDICINE: WHAT DO I NEED TO TELL MY DOCTOR BEFORE I TAKE THIS DRUG? TELL YOUR DOCTOR: If you have an allergy to paliperidone, risperidone, or any other part of this drug. **TELL YOUR DOCTOR:** If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs. **TELL YOUR DOCTOR:** If you have kidney disease. **TELL YOUR DOCTOR:** If you have ever had a long QT on ECG or other heartbeat that is not normal. **TELL YOUR DOCTOR:** If you are taking any drugs that can cause a certain type of heartbeat that is not normal (prolonged QT interval). There are many drugs that can do this. Ask your doctor or pharmacist if you are not sure. **TELL YOUR DOCTOR:** If you are breast-feeding or plan to breast-feed. This is not a list of all drugs or health problems that interact with this drug. Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

OVERDOSE: If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

ADDITIONAL INFORMATION: If your symptoms or health problems do not get better or if they become worse, call your doctor. Do not share your drugs with others and do not take anyone else's drugs. Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor. Talk with the doctor before starting any new drug, including prescription or OTC, natural products, or vitamins. Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets. Check with your pharmacist about how to throw out unused drugs. Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.

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Information Expires MAR 2017

This information should not be used to decide whether or not to take this medicine or any other medicine. Only your health care provider has the knowledge and training to decide which medicines are right for you. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from your health care provider. You must talk with



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your healthcare provider for complete information about the risks and benefits of using this medicine.

Patient: BONZE ANNE ROSE BLAYK

Medical Record Num: M000597460

Account Number: A00082793308

Please review the sections of this medication list carefully, and if you have any questions regarding your medications, contact your primary care physician.

New Medications (1)

These are new medications to start taking at home.

1. Paliperidone SUSTENNA* [Invega Sustenna*]

Clifford Ehmke MD

234 mg intramuscular every 30 days

Last Taken: New Rx



Discontinued Medications (1)

These are medications to stop taking at home.

**** Spironolactone**

Change in Order

50 mg oral every day

Last Taken: 12/24/16



Cayuga Medical Center LIVE

Page:

101 Dates Drive

CM DC Final Plan & Referral

Date: 02/10/17 09:36

Ithaca, NY 14850

BLAYK, BONZE ANNE ROSE

Fac: Cayuga Medical Center

Loc: BEHAVIORAL SERVICES UNIT

Bed: 202-01

60 F 05/01/1956

Med Rec Num: M000597460

Visit: A00082793308

Attending: Clifford Ehmke

Reg Date: 12/25/16

Reason: PSYCHOSIS NOS

Allergies

No Known Allergies Allergy (Verified 01/14/17 16:02)

Cayuga Medical Center LIVE

101 Dates Drive

Ithaca, NY 14850

Discharge

Page:

Date: 02/10/17 09:36

BLAYK, BONZE ANNE ROSE

Fac: Cayuga Medical Center

60 F 05/01/1956

Attending: Clifford Ehmke

Reason: PSYCHOSIS NOS

Loc: BEHAVIORAL SERVICES UNIT

Med Rec Num: M000597460

Bed: 202-01

Visit: A00082793308

Reg Date: 12/25/16

Type of Surgery/Diagnosis

Type of Surgery/Diagnosis:

Unspecified Psychotic DO

Diet

Diet

regular

Other Instructions

Other Instructions

Stop Smoking